

Summer **JUNE 2013 LUNCH**



Preferred Meal Systems, Inc.
preferredmealsystems.com

WISEBURN SCHOOL DISTRICT

LN - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
POPCORN CHICKEN Potato Wedges Diced Pear Cup WG Shortbread Mini	BBQ CHICKEN WG Hamburger Bun Corn Pineapple Cup	HOT DOG W/ POTATO ROUNDS Maple Baked Beans Fresh Apple* WG Hot Dog Bun	WW CHEESE PIZZA Romaine Salad Mixed Fruit Cup	CRISPY CHICKEN FILLET (WHOLE GRAIN) Green Beans Baby Carrots WG Hamburger Bun Fresh Banana*
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Broccoli Mixed Fruit Cup	WG 4-CHEESE PANINI French Fries Diced Pear Cup	HAMBURGER W/POTATO ROUNDS Maple Baked Beans Fresh Orange* WG Hamburger Bun	WG PIZZA DIPPERS Marinara Dipping Sauce Baby Carrots Peach Cup	
<p>Like us on Facebook</p> <p>LIKE LUNCH! at Preferred Meal Systems, Inc.</p>	<p>Harvest of the Month</p> <p>Salad Greens</p>	<p>Download our newsletter <i>The Preferred Word</i> here:</p> <p>Or visit Kids Corner on our website!</p>	<p>www.preferredmealsystems.com</p>	

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. *** MENU SUBJECT TO CHANGE.

How much water do you drink?

How many glasses of water do you drink each day? Let us know at info@preferredmealsystems.com. Write "WATER" in the subject line. Be sure to include your name, grade, school and town. See results on Facebook at Preferred Meal Systems, Inc.

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